



## Meeting the PE Graduation Requirement

### On RRHS Campus Options:

- HOPE segments 1 & 2
- 2 years ROTC PE/Performing Arts Waiver (request waiver from School Counselor upon completion)
- 2 seasons of an Interscholastic sport (request waiver from School Counselor upon completion)

### Online & RRHS Options:

- HOPE (semesters 1 & 2)

- Personal Fitness (online) +

- *Outdoor Education (online)*
- *Fitness Lifestyle Design (online)*
- *PE on RRHS campus (team sports, basketball, weight training, etc.)*
- *1 semester of Marching Band on campus (request waiver from School Counselor upon completion)*
- *1 semester of Dance on RRHS campus (request waiver from School Counselor upon completion)*