

Rules for Powder Puff Cheerleaders

The purpose of the Powder Puff Cheerleaders is to create school spirit and excitement for the for the Powder Puff football game and the Homecoming football game.

1. All participants must sign a form indicating that if any of the rules are broken, their dance will be stopped and they will not be allowed to attend the homecoming dance or game. They may also receive a referral.
2. Each cheer squad will have a cheerleader as a "coach" who will insure that everything in the routine is appropriate and safe.
3. The routine must be video recorded and approved by the class sponsor. If the performance is changed in any way without permission, they will have the consequences listed in #1.
4. Each performance should include cheering.
5. Each performance should be between 2 and 5 minutes.
6. Routines should be appropriate and free of vulgar motions or language.
7. Routines may not include any "stripper-type" dance moves or any moves that mimic sexual activity.
8. The only props that may be used are traditional cheer props such as pom-pom, megaphones, and signs, unless pre-approved.
9. Music may be 1 song or you may edit songs together. They must, however, be appropriate for school.
10. Safety is very important. If any stunting or gymnastics is done, it must be done in a safe manner with adequate spotting and training.
11. The routines will be done during the pep rally. You must have an electronic device with an aux port to play it through the gym system. (New iPhones will need the adapter to have an aux port.)